

How do you achieve “S-T-R-E-N-G-T-H?”

To obtain the letters of the bracelet, key chain or watch each symbol (including the PA symbol and Omega symbols) in the “STRENGTH” item will have a list of requirements that must be met and earned by the participant. Each letter in the word STRENGTH also requires 21 activities/occurrences to be completed. One requirement for all letters involves research. The young person must [study](#) the topic behind the letter that they are pursuing. We recommend that the local youth group help the youngsters to achieve by including these topics in their current curricula.

The requirements for the PA Symbol (the first charm to achieve) have been completed and are as follows:

PA Symbol –

- *Learn and recite the books of the bible, explaining the reasons for the Old and New Testaments. Talk about the divisions in the bible (the book of law, the prophets, history, etc.)*
- *Learn and recite the Ten Commandments, explaining each one*
- *Recite the names of the twelve disciples and tell a little about their personality and their occupations before following Christ exclusively*
- *Learn and recite the Fruit of the Spirit, explaining them*
- *Learn and discuss the Beatitudes*
- *Learning specific bible verses (Psalm 23, 1 Corinthians 13, Other favs?)*

The requirements for these symbols are still in development. Since we are looking for 21 activities or occurrences for the achievement of this charm, let us know if you have suggestions!

S – Stewardship = 500 points @ 10 points per occurrence
Demonstrates active stewardship

- *They give freely of their time, talent and treasure*

T – Taking Part = 500 points @ 10 points per occurrence
Participates in the local church in some way:

- *Attending youth services*

- *Ushering, joining the choir/praise team, playing an instrument, working in children's church, cleaning crew, fundraising, mime team, dance, drama, audio/visual assistance, etc.*
- *Joining the church*
- *Attending/working in camps*
- *Visiting other local COGOP's*

R – Christian Responsibility= 500 points @ 10 points per occurrence

- *Demonstrating some (if not most) of the spiritual disciplines, ex: Prayer, fasting, meditation, memorization, solitude, service, worship, and study*
- *Acts on convictions and stand for their beliefs*

E – Education= = 500 points @ 25 points per occurrence

Demonstrates a serious commitment to formal education and skill development by either:

- *Earning grades of "C" or better or maintaining a GPA of 2.50 or better for at least one grading period or semester*
- *Having actually graduated from high school, college or other accredited place of higher learning. Including obtaining a G.E.D. or attending a specialized training course.*

N – Neighborhood= = 500 points @ 21 points per occurrence

Volunteers in the community in some way:

- *Helps at the local school, hospital, neighborhood groups/community center, community cleaning, etc.*
- *Caring attitude toward others*
- *Shows no prejudice or bias*
- *Promotes unity and respect for self and others*
- *Empathy, sensitivity, and friendship skills.*

G – Church Growth= 500 points @ 10 points per occurrence

- *Tries to help the local church to grow by bringing friends, neighbors or relatives at least once a month*

T – Total Identity= 500 points @ 10 points per occurrence

- *High self-esteem and respect for self.*

- *Knows that their life has purpose and meaning*
- *Understands their significance as a child of God*
- *Optimistic about their future*
- *Knows how to plan and make good choices.*
- *Realizes they have power over their own lives*

H – Honor= 500 points @ 10 points per occurrence

- *Accepts and takes responsibility for actions*
- *Restraint in the forms of Sexual Purity, Drug & Alcohol Free*
- *Tells the truth even when it is not easy or convenient.*
- *Demonstrates Ability to resist negative peer pressure & dangerous situations.*
- *Resolves conflict positively and non-violently.*

Omega Symbol –

- *This is the final letter earned. It signifies that the individual is now ready to be released into ministry. This person has the Youth Leaders and the Pastors endorsement on their capabilities.*

Optional Symbols –

Church Flag – with the permission of the Headquarters. The White Wing may want to market these. . .

- *Learning about church history (29 important bible truths, advice to members, etc.)*